

The Best Advice I Ever Got

Chrys Shea



Communicating Expertise



Bits of Advice That I Have Tried to Heed

- **4 “Nevers”**
- **4 “Always”**
- **1 Ultimate Secret to Career Success and Personal Happiness**

“You Can Never Be Too Rich or Too Thin”

- Dorothy Shea, mom
(Originally by Wallis Simpson, socialite)



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My Spin:
You can never be too networked

“Never Learn How to Type”

- Rear Admiral Francis Shea-Buckley, aunt



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My Takeaway:

**If you don't want to
do something, don't
do it well**



“Never Underestimate Yourself”

- Tons of people!

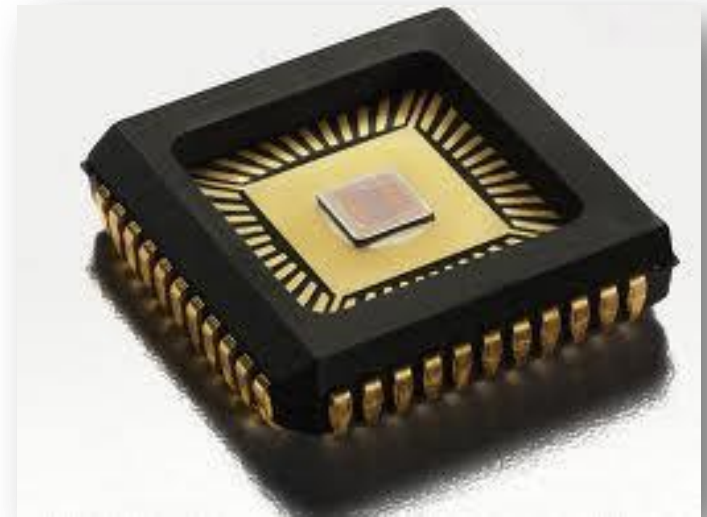
My Add-on:

**If you don't value yourself or
your work, you can't expect
others to**

“Never Give Up on an Idea you Believe In”

Rejected Inventions:

- Photocopying
- Velcro
- Electric light bulb
- Alternating current
- Microchip
- “White Out” correction fluid





“Always Do the Right Thing, No Matter How Painful”

- Craig Biggs, former boss

I have absolutely nothing to add; that simply says it all

“Mother Nature gave everyone instincts for good reason. Only fools don’t follow them.”

- Bruce Barton, colleague



Barton

Upshot:
**Always trust
your gut**

“Your Annual Mammogram Can Save Your Life”

- American Cancer Society



Lia Medeiros, cousin

**Always get
tested on
schedule**



“Above All, Always be Gracious”

- Nancy Hawley, college room mate

Be nice to everyone...hold doors...say please and thank you... be humble and modest... compliment others... show everyone respect... recognize good work...offer to help when you don't want to...don't yell when you do want to... be kind to those less fortunate...smile

My Ultimate Secret to Career Success and Personal Happiness:



**Do work that
you love with
people
that you like**

Chrys Shea and Ray Whittier
With an SMTAI “Best of Conference” award

Back to Advice #1: You Can Never Be Too Networked



Let's get networking!